# March 2024 Shepherd's Voice



## **Happy Birthday!**

### **Happy Anniversary**

John C	2 <sup>nd</sup>	Ray S	4 <sup>th</sup>	Peter and Kathy	<b>10</b> <sup>th</sup>
Evan C	2 <sup>nd</sup>	Suzanne S	8 <sup>th</sup>	Martin and Susan	<b>21</b> <sup>st</sup>
Randal R	3 <sup>rd</sup>	Janet C	9 <sup>th</sup>		
Janice C	4 <sup>th</sup>	Tosin B	<b>11</b> <sup>th</sup>		

#### March Prayer Focus for the Desert Southwest Conference Churches



Dove of the Desert UMC, Avondale

Maryvale UMC, Phoenix

Faith UMC, Phoenix

#### • A Beginner's Guide to General Conference.

If you are interested in knowing more about the upcoming General Conference, I've included a link for you to access the information. <u>https://www.umcnews.org/en/news/a-</u> <u>beginners-guide-to-general-conference</u>



## Action Steps:



Please submit items for the newsletter to Karen or Trina by the **17**<sup>th</sup> of the month.



Bible/Book Study is taking a break. We will resume after Easter. We will be exploring the series, The Chosen. This is a TV series about the life and death of Jesus. **6pm** in the sanctuary.



<u>Men and Women's</u> Breakfast March 9<sup>th</sup> at 8:00am. Denny's at 43<sup>rd</sup> and Peoria. Women and men will be at separate tables. No host meal. Everyone is invited.

Martha's Circle Easter Sale **March 24<sup>th</sup> before and after the worship service**.

Cactus book club will be meeting on **March 27<sup>th</sup> at 6pm** in room 1. They are reading, The Family Remains by Lisa Jewell.



The Desert Southwest Conference will be celebrating its 40<sup>th</sup> anniversary at the Annual Conference this June. They are asking all churches to consider their "One Big Thing." Of all the things our church has done in the past 40 years, what do you consider to be our "One Big Thing?" We'll have some colored papers you can fill out if you'd like to share your ideas.

## Special Offering Sundays for 1<sup>st</sup> Quarter of the Year

## March 10<sup>th</sup> UMCOR Sunday

## April 14<sup>th</sup> Native American Ministries Sunday

Church Envelopes are available on the Welcome Wagon in the Narthex.



Janu	lary	Jan-Jan 2024		
Income:	\$7,285.60	\$7,285.60		
Expense:	\$10,761.94	\$10,761.94		
Total:	(\$3,476.34)	(\$3,476.34)		

We are updating our lists. We would like to know which member has keys to the church and buildings, please contact Karen or through the church office for your name to be verified on our list. If you have found that your role in the church has changed and you no longer need to have a key to any of the church buildings, or if you have a code/key and no longer need access to the church or music building when it's unoccupied, please return your key to Karen and your code with be removed. Thank you.

If you need to borrow a key to access any of the buildings, the checkout keys are in the church office. Please fill out on the checklist as to which key you borrowed.

#### Follow these safety tips if an outage occurs

- Stay at least 100 feet away from downed power lines. Call 911 first, then APS at (800) 253-9408.
- If the power goes out, unplug unnecessary equipment and appliances to prevent electrical spikes.
- Wait at least five minutes after the power returns before you turn on major appliances and equipment.

#### Protect Yourself from Scams (Humana)

#### To finish our information on scams:

There are several ways that we can be scammed.

Type of Scam	How it works	How to protect yourself.
Investment scams	Pyramid schemes occur	Research the professionals.
	when fraudsters claim they	Before investing in
	can turn a small investment	anything, ask the person if
	into large profits in a short	they are licensed to sell you
	amount of time. In reality,	the investment, and confirm
	people make money solely	which regulator issues the
	by recruiting new people	license and call your state
	into the program, but they	securities regulator and the
	fall apart when it becomes	Financial Industry
	impossible to recruit new	Regulatory Authority to
	people.	verify.
	Ponzi schemes involve a	Only invest if you
	central scammer collecting	understand. Do your
	money from new investors	research and ask lots of

	and using it to pay alleged returns to earlier-stage investors rather than investing or managing the money. Pump-and-Dump scams occur when a fraudster buys shares of a very low - priced stock or a small company and then spreads false information to drum up interest in the stock to increase the price. After investors begin buying the stock at higher prices, the fraudster dumps his/her shares and vanishes, leaving many people with worthless shares of stock.	questions about costs, timing, risks and other issues. Beware of common tactics. Scammers are masters of persuasion and often seem likable and trustworthy. Be wary of "professionals" who make you feel pressured or obligated to invest. Stay in control of your money. Monitor your investments and insist on regular written and verbal reports.
Phony anti-aging and health products	Scammers market bogus treatments and products to help you stay healthy and vibrant	Practice skepticism. Be wary of things that seem too good to be true. Recognize marketing ref flags. Some phrases and claims can tip you off to a scam (e.g. "secret formula") Talk to your healthcare provider before taking any new supplement.
Medicare scams	Scammers claiming to be from the Centers for Medicare and Medicaid Services call seniors requesting personal information to issue a new Medicare ID card.	Never respond to phone requests to confirm your identity. Medicare will not call, email, or visit you to get your personal information. When in doubt, call Medicare directly at 800- MEDICARE (800-633- 4227)

Martha Circle's Annual



Sunday, March 24

Contributions gratefully accepted.

Proceeds benefit our congregation and its missions.

## March 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
25	26	27	28 Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom	29 Office Open 12:00 - 4:00 pm Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 8:00 pm, FH	1 Family Fun Movie Night 6pm Sanctuary	2
3	4	5	6	7	8	9
Worship 10:30 am Worship On-Line Any Time			Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom	Office Open 12:00 - 4:00 pm Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH		Men and Women's Fellowship Breakfast 8:00 am Denny's at 43rd & Peoria Jewelry Making with Sandee, rm 1 noon - 4 pm
10	11	12	13	14	15	16
Good Grief Support Group 9am Rm1 Worship 10:30 am Worship On-Line Any Time SPRC 12:30 pm Erik's Recital 12:30 pm	Girl Scouts 5:30p	LBBW	Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom I-HELP	Office Open 12:00 - 4:00 pm Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH		
17	18	19	20	21	22	23
St. Patrick's Day Worship 10:30 am Worship On-Line Any Time Board 12:30 pm	НОА	First Day of Spring	Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom CPCA	Martha Circle 10:30 Rm 1 Office Open 12:00 - 4:00 pm Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH	12:00 COL DeLainey	Jewelry Making with Sande, rm 1 noon - 4 pm 2:00 pm Shirly C.O.L.
24	25	26	27	28	29	30
Palm Sunday Good Grief Support Group 9am Rm1 Martha Circle Sale Worship 10:30 am Worship On-Line Any Time	Girl Scouts 5:30p		LifeLine Screening Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom	Martha Circle 10:30 Rm 1 Office Open 12:00 - 4:00 pm Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH	Good Friday	
31	1	NOTES				
Happy Easter! Worship 10:30 am Worship On-Line Any Time		Worship is available In-Person and On our YouTube channel SOVUMC. Masks are Encouraged, but not Required unless trends change. Enjoy coffee and snacks after the worship service.				

#### Leadership Team Members

Chair	Suzanne	Finance	Don	SPRC	Femi
Fac/Sec	Suzanne	Finance Secty	Wanda	At Large	Betty
At Large	Jack	At Large	Vonnie	Lay Leader	Randal
Pastor	Janet	At Large	Sandee		

Shepherd of the Valley UMC 3039 W. Cactus Rd. Phoenix AZ 85029 602-758-3473 Pastor Janet Culbertson SOVUMC@hotmail.com <u>www.shepherdofthevalleyphoenix.org</u> Bishop Carlo A. Rapanut, UMC Bishop Reverend Javier Olivares, District Superintendent