

June 2024

Shepherd's Voice



Happy Birthday!

Happy Anniversary

Tinu B	2 nd	Martin H	8 th	Margaret and Larry	8 th
Art C	2 nd	Tom S	27 th	Don and Virginia	28 th
Sally C	3 rd			Deb And Joe	28 th

If you would like to be recognized, and your name isn't listed, please contact the office or Karen B. We'd love to include you in our Celebration of your life!



June Prayer Focus for the Desert Southwest Conference Churches



Haven UMC Jerome, AZ

Lakeview UMC Sun City, AZ

Liberty UMC Buckeye, AZ

Brothers and Sisters in Christ,

I came across this prayer and it gave me hope. I wanted to pass it along to you. I wish I knew who wrote it so I could give them credit.

Grace & Peace,

Pastor Janet



✎ God, our help in ages past: We confess that often we do not have much hope for years to come. As we read or watch the news, our faith falters. We wonder about the future — about the world's future and our own future. We forget your promises along with your great, saving acts on record in your Word.

We thank you, most patient God, for keeping faith with us in spite of our doubt, and particularly for providing for us examples of steadfastness, of belief in the future, to shame and hearten us.

We thank you for the old man who is planting trees up and down his street, even though he knows that he will not live to enjoy them.

We pray for the young woman who is dying a slow, painful death, but who has left her body to a hospital so that, out of her anguish, healing may come to persons unknown to her.

We pray for scholars who write plodding, faithful chronicles of bygone times, because they consider humankind's ongoing history worth recording.

We thank you for scientists, politicians and grassroots folk who struggle to preserve our environment, so that our children and grandchildren may inherit a habitable world.

And we pray, with thanksgiving, for women and men who agree that, despite the news, this world is still a fit place for having and raising children.

We know, merciful Lord, that all these servants of yours who believe in the future and who are striving to make sure that it is a future worth having, are not necessarily doing so in your name. But we believe that you acknowledge them as yours, and we pray that you help us, each of us, to join their ranks. Restore our faltering faith. Remind us that you are our hope for years to come. For the sake of him who willingly died young so that we might have a future.

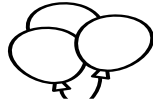
Amen.

✚ The DSW Annual Conference assessment process by SPR includes goals for the congregation based on our areas of strength, growth, and ongoing development. Three to 5 goals for the congregation for this year have been determined. We ask all members to reflect, pray, and consider how to participate in meeting these goals.

1. Leadership development goal: create teams to assist with maintenance and congregational care. (example; calls, visits, communion, workdays, your ideas!)
2. Evangelism goal: enhance our online presence (and speak the good news)
3. Financial goal: rent underutilized space where the mission aligns with SOV, strive for financial stability

Please join the Pastor, SPR, and Board members in the 2024 growth journey!

✧ The Desert Southwest Conference will celebrate 40 years of ministry at the Annual Conference this month. All the churches were asked to consider their "One Big Thing." This is the one great thing our congregation has done or is known for. After receiving some input, this is what we submitted.



Happy 40th Birthday DSC!

We at Shepherd of the Valley have determined that our ONE BIG THING is COMMUNITY OUTREACH. For more than three decades, SOV was committed to sending meal teams to serve at various shelters including UMOM, The Haley Center, The Justa Center and more. Many Shepherd of the Valley volunteers served the Emmaus Community as well. As Covid restrictions were lifted, we shifted our focus to new community outreach ministries.

- ✦ We are a faith-based partner for Chaparral Elementary School through the "School Connect" model.
- ✦ We host our local block-watch and partner with them for community clean-up events and blood drives.
- ✦ We host individuals experiencing homelessness one night a month through the I-Help program which is run by Lutheran Social Services.
- ✦ And we are partners of Pure Heart Church's Life Bridge Community Alliance as they run the first Safe Lot in the state of Arizona on our property serving women and children who are sleeping in their cars.

✦ **Chaparral Elementary:**

1. Read Across America Day, Chaparral Elementary:



2. Love Our Schools Day

3. delivering Christmas gifts for families in need.



✦ **Safe Lot Support**



✦ **Serving our I-Help Guests**



Action Steps:



Please submit items for the newsletter to Karen or Trina by the **17th** of the month.



Thursdays at 6pm. We enjoyed the first season of The Chosen. On **June 6th**, we will view videos of the back story of making this series. We will take a break on **June 13th**. We will begin to view and discuss Season 2 on **June 20th** in the sanctuary. Come join us!



Family Fun Friday Night on **June 7th at 6pm.** Bingo night! Fabulous Prizes!!



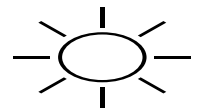
Breakfast Bunch will meet June 8th at 8:00am. **NEW LOCATION:** First Watch at 43rd Ave and Thunderbird. No host meal. Everyone is invited.



Cactus book club **June 26th at 6pm in Room 2.** They will be reading Hello Beautiful by Ann Napolitano.

Summer is here! It's forecasted to be a La Nina summer (60% chance). Which is the opposite of El Nino. We had an El Nino winter. The ocean temperatures were warmer, so we saw more rain this past winter. La Nina summers develop in June through August. This is caused by cooler than average Pacific Ocean temperatures. La Nina builds slowly going from warmer to cooler ocean temperatures until June. Meteorologists at the Climate Prediction Center said though it may not be the hottest summer ever, 2024 likely will be unusually hot, especially in the south – central and western states. Plus, drier than normal for the West and central US. This could be a recipe for a new or worsening drought and increased brush fires.

Surviving the summer in the desert



There are several signs of heat illness to be aware of. Many of us have lived here all our lives, but a gentle reminder to take care to prevent heat related illness is important.

Being thirsty is the first sign you're getting dehydrated. Get a drink of water and get out of the sun for a little while.

Heat cramps in your abdominal muscles and legs signal you're losing water and salt. Get a drink of water and get out of the sun.

Heat exhaustion is getting in a dangerous situation. Cool, moist, pale, flushed or red skin, heavy sweating, headache, nausea or vomiting, dizziness, and exhaustion.

However, your body temperature will be normal. Go inside and drink half a glass of cool water every 15 minutes until you improve.

With heat stroke your temperature spikes and can damage your brain and internal organs. Signs of hot, red and dry skin and no longer sweating, changes in

consciousness, rapid and weak pulse, rapid and shallow breathing. Call 911 immediately.

Remember to drink more water than you think. More than 8 cups of water for the day. Remember to take a bottle of water with you any time you're going outside. If possible, wait until the evening to do outside tasks. As we know, Phoenix doesn't get cool in the evenings. So don't overexert yourself, any time of the day.

Also, car interiors can easily reach 150+ degrees even with the windows cracked. No one should be sitting in a car for an extended period with the engine off. Remember, car batteries and rubber hoses do not like heat. This includes laptop and cell phone batteries. You can expect to replace your car battery at least every two years.

Remember to carry water in your car in case of a breakdown while you're waiting for help to arrive.

Bees and flash floods are also awareness factors during our summers. Both have killed a few people every summer.

Take care of yourself and remember... cooler weather will come!

Financial Information



	April	January - April
Income:	\$8,222.86	\$37,862.37
Expense:	\$11,280.42	\$43,854.18
Total:	\$(3,057.56)	\$(5,991.81)

Church Envelopes are available on the Welcome Wagon in the Narthex.

Father's Day: Honoring fatherhood, paternal bonds, and the influence of fathers in society. Catholic churches in Europe have been celebrating Saint Joseph's Day, since the Middle Ages. St. Joseph is the patron saint of fathers, both of families and virgins, workers, especially carpenters, expecting mothers and unborn children. He also is the patron saint of attorneys and barristers, emigrants, travelers, and house hunters. This year it was celebrated on March 19th. (Wikipedia)



Leadership Team Members

Chair	Suzanne	Finance	Don	SPRC	Femi
Fac/Sec	Suzanne	Finance Secty	Wanda	Member	Betty
Member	Jack	Member	Vonnie	Lay Leader	Randal
Pastor	Janet	Member	Sandee		

June 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27	28	29	30	31	1
			Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom	Office Open 12:00 - 4:00 pm Bible Study 6:30 pm PO Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH		
2	3	4	5	6	7	8
Worship 10:30 am Worship On-Line Any Time			Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom	Office Open 12:00 - 4:00 pm Bible Study 6:30 pm PO Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH	Fun Friday 6pm	Jewelry Making with Sandee, rm 1 noon - 4 pm
9	10	11	12	13	14	15
Worship 10:30 am Worship On-Line Any Time Grief Support 9:00 am	Girl Scouts 5:30p	Lake Biltmore BlockWatch 6:30 pm fellowship hall	Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom I HELP	Office Open 12:00 - 4:00 pm Bible Study 6:30 pm PO Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH		
16	17	18	19	20	21	22
Happy Father's Day Worship 10:30 am Worship On-Line Any Time	LBE HOA 5:45pm		Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom CPCA	Office Open 12:00 - 4:00 pm Bible Study 6:30 pm PO Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH	1st day of Summer	Jewelry Making with Sandee, rm 1 noon - 4 pm
23	24	25	26	27	28	29
Worship 10:30 am Worship On-Line Any Time Grief Support 9:00 am Board Meeting 12pm in PO	Girl Scouts 5:30p		Office Open 12:00 - 4:00 pm Prayer Group 1:30 pm zoom	Office Open 12:00 - 4:00 pm Bible Study 6:30 pm PO Women's AA 6:00 pm Fellowship Hall & kids Rm 1 Men's AA 7:30 pm, FH		
30	1	NOTES				
Worship 10:30 am Worship On-Line Any Time	Worship is available In-Person and On our YouTube channel SOVUMC. Enjoy coffee and snacks after the worship service.					

Shepherd of the Valley UMC

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Bishop Carlo A. Rapanut, UMC Bishop

Reverend Javier Olivares, District Superintendent